

Minutes of the ANNUAL GENERAL MEETING
Of the members of SASKATOON ROAD RUNNERS ASSOCIATION INC.
("SRRA" or the "Corporation") held at the
Saskatoon Field House, Room #3, Main Floor, 2020 College Dr., Saskatoon, Saskatchewan on
SATURDAY, NOVEMBER 5, 2011 AT 11:00 a.m.

1. Call to Order and Quorum

Present in Person:

Ms. Lorrie Dobni, President of the Corporation, acted as Chairperson and Heather Arnold, Secretary of the Corporation, acted as Secretary and Scrutineer of the meeting. Ms. Dobni advised that there were 37 members present in person and therefore a quorum was present and the meeting was properly called and regularly constituted for the transaction of business.

2. Approval of the Agenda

Heather Arnold made a motion: To approve Agenda. Seconded by Neil McKay
All in favor and motion is passed.

3. Approval of Last Year's Minutes

Lynn Cushway made a motion: to accept last year's, November 6, 2010, AGM minutes
Seconded by Michelle Morrison
All in favor and motion is passed.

4. Election of Directors

WHEREAS the directors of the Corporation have fixed the number of directors at 10 and it is necessary for such number to be elected:

Peter Goode and Greg Poelzer submitted their resignations.

NOW, THEREFORE, BE IT RESOLVED:

THAT the following persons be and are hereby elected directors of the Corporation, to hold office until they resign or until their successors are elected.

Lorrie Dobni
Dave Stark
Tom Stack
Heather Arnold
Nancy Milhousen
Neil MacKay
Janis Sherrif
Carolanne Inglis-McQuay
Clint Svensrud
Theresa Reid-Shea

Peter Goode made a motion to elect the above nominees. Seconded by Ian Colvine
All in favor and motion is passed.

Dave Stark made a presentation to Peter Goode for many years of service on the SRRA Board. A life time membership was given to Peter in appreciation of all his dedication over the years.

5. REPORTS:

A) President's Report :

Lorrie Dobni, President recapped SRRA accomplishments for 2011 on behalf of the Corporation as follows:

- Membership numbers have continued to increase as well as growth within the club. It is rewarding to see the accomplishments that a small Club when it can give back to community through various donations.
- Membership benefits have increased with more discounts available from more supporting businesses.
- The Club features 7 annual races/events as well as regular clinics, workshops, socials and workouts with ongoing education and training provided through partnership with Craven Sports.
- Technical Side: Weekly communication newsletter will start featuring two new columnists – Michelle Morrison will be submitting recipes; Sanae Ko will feature member interviews and help with editing. Other features now available are: face book, blogging on website, twitter and an electronic events calendar.
- Professional side: New Club jackets, singlets and Buffs are available for purchase.

- Focus on health and fitness has grown by promoting year round events; weekly workouts on Monday nights; Bruce Craven workshops and clinics were very successful and well attended and will continue in 2011.
- Continued community service of partnering with the Saskatoon Police Services for the SRRA/Police Half Marathon with a portion of their proceeds going to a charitable organization. SRRA members also volunteered again at a water station at the Bridge City Boogie.
- Our financial success this year again allowed us to give back generously to the community through donations to MVA for SRRA Node and water fountain; Food Bank and Saskatoon Zoo Society. Lawson Heights Alliance Church declined their donation and asked that it be put towards inner city kids.
- Thank you to all the dedicated Executive directors, race directors and volunteers and the members.

B) Treasurer's Report: Tom Stack

Dispense with Requirement to Appoint an Auditor or Other Person to Review Financial Statements.

WHEREAS the Corporation does not require the services of an auditor or any person to conduct a review of the financial statements of the Corporation, and it is therefore necessary for the appointment of an auditor or any such person to be dispensed with;

NOW, THEREFORE, BE IT RESOLVED:

THAT the Corporation dispense with the appointment of an auditor and dispense with the appointment of any person to conduct a review of the financial statements of the Corporation, in respect of its fiscal year ended September 30, 2011 and in respect of all previous fiscal years of the Corporation and the fiscal year ending September 30, 2012.

Tom Stack made a motion that this resolution be passed.

Seconded by Peter Goode

All in favor and motion is passed.

Tom Stack reviewed the financial statements and financial results for the year as of September 30, 2011.

Donations were issued as follows:

\$100,000 donation to MVA for SRRA Node and water fountain;

\$100 to Food Bank; and,

\$5,000 to Saskatoon Zoo Society for youth environmental and educational programs

Also, it is a requirement of *The Non-Profit Corporations Act, 1995* that the financial statements of the Corporation be placed before the members at the meeting.

It was therefore confirmed that the financial statements for the last completed fiscal year of the Corporation were placed before the members at the meeting.

Brian Breit made a motion to accept the Treasurer's Report.

Seconded by Nancy Milhousen

All in favor and motion is passed.

C) Membership Report:

Lorrie Dobni reported that the SRRA membership is now approximately 400 members. On-line membership was introduced in 2011. A paperless proposal will be submitted to the directors at an upcoming Executive meeting.

D) Saskatchewan Athletics Report:

Bob Reindl was in attendance and gave an overview of their organization. They support an open door policy and are involved with the Provincial body of Sask Sport. Their events include track and field, trail running, wheelchair athletes, Timex Series of which the Sask Marathon and River Run Classic, 10 km race are sanctioned for. This year they are promoting a Run Canada Week during the Easter break and hope to feature one race in every province during this time period.

E) Race Reports 2011:

Blizzard Run-Ski-Run - February 6, 2011

Peter Goode, Race Director, advised second annual event went really well with the 3 km run, 5 km ski, 3 km run. Event could have again been done individually or as a two-person relay. There were approx. 20 participants and chip timing was used. The event profit of \$100 was donated to the Saskatoon Food Bank.

Super 7 Fun Run - February 27, 2011

Dave Stark, Race Director, advised this event was another success and enjoyed by all.

SRRA/Police Half Marathon - April 24, 2011

Dave Stark Co-Race Director in partnership with Wade Bourassa, Saskatoon Police Services. This event has become established on its own now so in 2012 the SRRA won't be required to provide a co-race director but will continue to help with a water station. SRRA members will still get an entry fee discount.

Saskatchewan Marathon and Mara fun - May 29, 2011

- Shad Ali from On Purpose Leadership Inc. reported there were 3,232 registered participants in total; Marathon = 199; Half = 1,258; 10 Km = 1,383; Marafun = 392.
- The second annual Mara fun included 12 different schools this year and has integrated well into a sport event for the Sask Marathon. 2012 projections are for 800-1,000 kids.
- The speaker was motivation speaker Hugh Culver and he was well received and had a book signing at the Expo and went out to the schools in conjunction with the Mara fun initiative.
- There was great community engagement again from the church volunteers of the Lawson Heights Alliance Church.
- Had approximately 500 valuable volunteers for this year's event.
- Teacher's Credit Union Centre hosted 400 participants at the pasta dinner.
- \$20,000 was spent on marketing and communications and this will be upgraded again in 2011.
- There is two years remaining in their 3 year contract.
- 2012 guest speaker will be Bart Yasso.
- Saskatchewan Marathon date is May 27, 2012.

River Run Classic - August 14, 2011

Heather Arnold and Nancy Milhousen, Co-Race Directors. Bib Chip timing was used for another successful event with 483 finishers. 5 km = 88; 10 Km = 236; Half Marathon = 155; Wheelchair Athletes = 4. The race directors want to thank everyone who participated in this year's event. Special thanks to Judy Warick for volunteer coordination. Our youngest competitor was 12 years of age. Our oldest competitor was 80 years of age in the Half Marathon. Registration Logic was the on-line registration company used and they were excellent to work with.

Created a 70+ age category on a suggestion from last year's AGM.

Moved start/finish line a bit further north to alleviate resident complaints regarding noise.

Special thanks also to this year's major sponsors and supporters: Brainsport, Sugoi, Natural Motion by Ecco Shoes, Saskatchewan Athletics and Timex, Taste of Nature Bars, Ens Toyota, City of Saskatoon, Results Canada, Registration Logic.

Also thanks to our Water Station Groups and Vendors – Mogathon, 'Busting with Energy' Dragon Boat Team, Vandelay Soccer Team, Leukemia & Lymphoma Society Team in Training, Brainsport and USANA Health Services.

Will be looking into addition incentives for fundraising opportunities for 2012 charity groups that volunteer. 2012 will be Timex Series 10 Km Provincial Championships again.

Blackstrap Trail Run - September 24, 2011

Peter Goode, Race Director, and Lynn Cushway organized this 1st annual event. It was a major success with approx 100 participants braving the 30+ heat temperature. The event was free to Road Runner members - \$10 for non-members. Run featured 5 km and 10 km distances. Wiener roast windup. 2012 event promises to be even bigger and better.

Sask 50k Ultra - October 22, 2011

Peter Goode, Race Director, and Lynn Cushway, Co-Race Director organized this successful 4th annual event. Event organizers again partnered with the community by having the Girl Guides do the pancake breakfast as a fundraiser for their organization. Arms warmers were given to all race participants. In addition to the relay teams, 2011 also saw an increase in more individual participants. Great competitive spirit - Job well done!

Prediction Mile – November 5, 2011

Murray Gross again organized the Prediction Mile which preceded the AGM at 10:00 am with 17 participants. This year's winners and recipients of entries for the 2012 Saskatchewan Marathon were:
Female – Nancy Milhousen; Male – Steve Wilson

Remembrance Day Run – Nov 11, 2011

Murray Gross and Dave Stark, Co-Race Directors.

Event will start at Kinsmen Park rides parking lot and will proceed to Woodlawn cemetery and return. More volunteers are required to read passages.

Calibration Course –

Greg Fenty, Peter Goode and Dave Stark organized a course where individuals would be trained in calibrating procedures. Colin French and Kendrick Hamilton are now certified calibrators.

F) Coaching Clinics, Workshops and Monday night Workout report:

Lorrie Dobni reported that the SRRA is continuing to partner with Bruce Craven to present another series of workshops.

Topics of the 2010 sessions were:

- a.) Components of a Training Program: Integrating all aspects of training, Nutrition, etc.
- b.) Fatigue: What is it, how to recognize it, how to program around it.
- c.) Recognize the importance of Recovery: Overuse/underuse.
- d.) Technology Using your Heart monitor, GPS, etc.

Topics of the 2011 sessions are:

- a.) Strength Training
- b.) Training Technologies
- c.) Nutrition

- The Monday night workouts will continue a quarterly 5km timed run. A suggestion was put forth to start these workouts at 6:00 pm during the winter months instead of 6:30 pm.
- Marathon Training Series –Peter Goode, Race Director
Possibly three trail runs spread over a weekend period: Fri – 5 km & Sat – 15 km on MVA trail; Sun – 22 km at Blackstrap for a total of 42 km marathon distance.

Carolanne Inglis-McQuay made a motion to accept the 2011 race reports.

Seconded by Brian Breit

All in favor and motion is passed.

6. 2012 Race Schedule and Race Directors

- Combine Blizzard Run/Ski & Super 7 Fun Run – Feb, 2012 – Ed Tomlinson/Al Anderson, Jamsey Patrick, David Samuel - Co-Race Directors
- SRRA/Police Half Marathon – April, 2012 – Dave Stark/Lorrie Dobni with Wade Bourassa, SPS.
- Saskatchewan Marathon – May 27, 2012 – Kim Ali, On Purpose Leadership Inc.
- River Run Classic – Aug 12, 2012 – Heather Arnold/Nancy Milhousen, Co-Race Directors (Vern Bateman and Brian Breit on Committee as well)
- Expanded Fall Trail Run Series –Peter Goode, Race Director
Three trail runs – May 5; July 21; and September 22, 2012
- Sask 50 K Ultra – Oct 20, 2012 – Lynn Cushway/Jamsey Patrick/Kendrick Hamilton/David -Co-Race Directors
- Prediction Mile – AGM – Nov 3, 2012 – Murray Gross, Race Director
- Remembrance Day Run – Nov 11, 2012 – Murray Gross/Dave Stark, Co-Race Directors

Ian Cochrane made a motion to accept the 2012 races.

Seconded by Brian Breit

All in favor and motion is passed.

7. Capital Expenditures / Proposed Expenditures

2011 Expenditures:

- New larger storage Shed at Besco Storage
- Zoom Flags (5 km; 10km; and 15 km markers)
- Charitable donations (noted in 5. B) of Treasurer's report)

Proposed Expenditures for 2012:

- Additional shelving for storage shed
- Stop sign paddles
- Race arrow/directional signs or chevrons

8. MVA/SRRA Node:

An update and progression report was given by Nola Stein, Meewasin Valley Authority.

- “Anything is possible, choose your path” is slogan inscription for node.
- Commemorative paving stone granite brick program will offer bricks at \$250 each with \$150 tax receipt. Each brick can have up to 25 characters (including space). This will be a lasting legacy.
- Inner circle reserved for SRRA members.
- Donation forms will be made available on the SRRA website or e-mail: www.meewasin.com
- Official opening and dedication – Spring 2012.

9. SRRA Clothing Update:

Carolanne Inglis-McQuay thanked Brainsport for their help in selling this merchandise in their store.

- Some jerseys are still available.
- Insufficient orders for tights at this present time.
- SRRA buffs now available at \$25 each.
- Limited number of Balaclava's still available.
- Additional sleeves from Ultra - \$20.00
- Remainder of SRRA singlets - \$5.00
- Suggestion was put forward to look into order of brimmed hats.

10. January Social and Membership Drive – January 20, 2012

Saskatoon Square, 17th floor. Suggestion to have several local speakers speak of their running adventures. Event will also be annual membership drive with cash bar and food. Free to SRRA members. Contact Executive members with your ideas.

11. Other Business

- Ed Tomlinson suggested that Monday night work outs be moved to a venue that has a pre-race holding area/washrooms (e.g. YWCA, MVA, or a hotel?)

12. Adjournment

Lynn Cushway made a motion to adjourn AGM meeting.

Seconded by Ed Tomlinson

All in favor and motion is passed.

Meeting was adjourned at 1:00 p.m.

Draw prizes were generously donated by:

Bike Doctor

Brainsport the Running Store

Bruce's Cycle Works

Eb's Source for Adventure

Outter Limits Outdoor Clothing

Escape

Off Track Massage

Saskatoon Road Runners Association

Thank you for all your on-going support!